

ORTHOPAEDIC MANUAL THERAPY  
INDUSTRIAL REHABILITATION  
SPORTS MEDICINE



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## INTRODUCTION TO PHYSICAL THERAPY

Welcome to Lodi physical Therapy. We thank you for choosing our facility for your rehabilitation care.

You have been referred to our facility by your physician to achieve pain relief and return to you normal level of function. You may schedule your appointments in person at our front desk, or by phone. We encourage you to schedule your appointments fully in advance to help you get the times that are most convenient to you.

On your first visit, you will be evaluated by your Physical Therapist, who will interview you as well as conduct tests and measures to determine the scope and magnitude of your problem. Your therapist will then construct a comprehensive treatment program for you. We encourage you to ask questions, be involved in your physical therapy care, and adhere to your Home Exercise Program, even after you are discharged from physical therapy.

Appropriate dress for physical therapy will include: loose fitting clothes that are easy to move in. If you are having problems moving your legs, we would ask that you bring or wear shorts to your appointments.

Co-pays are paid at the time of your visit, unless other arrangements have been made with the front office.

Should you need to cancel an appointment, we require **24-hours advance notice**. A cancelled appointment will be made up later during the week of cancellation. **If one fails to show for an appointment and does not contact the office, there is a \$40.00 charge for the failed appointment.**

Kathy Doble is our patient representative who will help you with questions, concerns, and assistance regarding your physical therapy in our facility. Our front office will be able to assist you with billing questions, authorization questions, and benefits questions.

We look forward to serving you and having you achieve excellent results from your physical therapy interventions. Thank you for allowing us to participate in your physical therapy care!

**LODI PHYSICAL THERAPY**